



Easy Read

A Self-Advocate's Guide to Vocational Rehabilitation

Section 1

What is Vocational Rehabilitation (VR)?



Vocational Rehabilitation helps students with disabilities to find a job.

VR can be part of the student's IEP (Individualized Educational Plan) in school starting at age 14 until they graduate.



VR can help with transition after high school and with independent living.

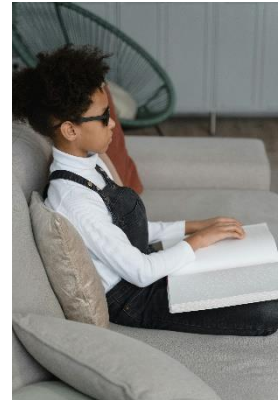
For any problems getting services, contact the Client Assistance Program (CAP) found at <https://www.ndrn.org/about/ndrn-member-agencies/>.

Who Can use VR?



Anyone with a physical or mental disability.

Some states have another agency for people who are blind/visually impaired.



Students can use VR if they have a disability, and they will benefit from services (get/keep a job).

See <https://www.parentcenterhub.org/young-adults-in-transition-vr-services-1/>.

What Services Can You Get from VR?



VR will help with job choices, supports like coaching, and AT (assistive technology).

VR may also pay for “tuition, fees, books, and vocational assessments”(see Resources).

VR will help with tests, transportation, counseling, personal care assistance, etc. These services also include:

Testing

Training

Treat
condition

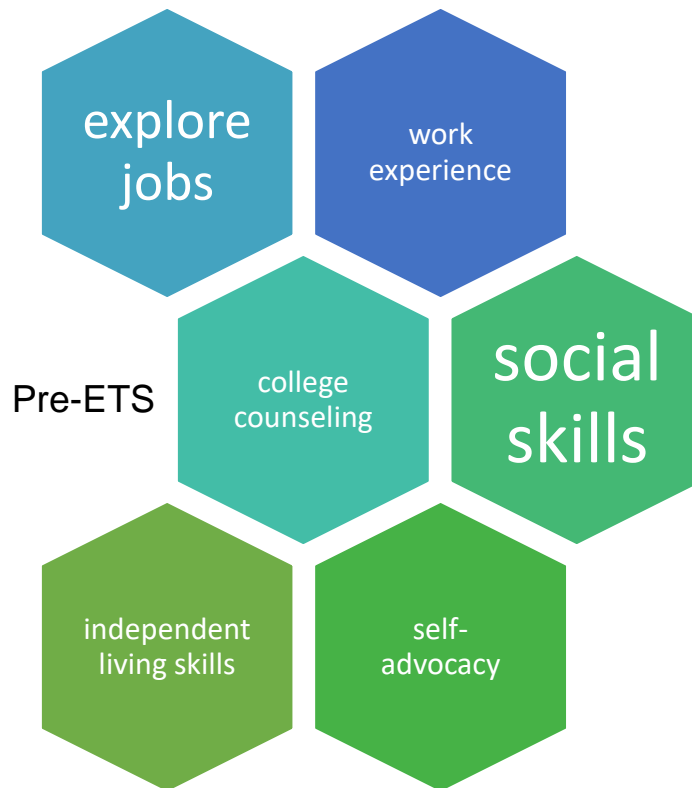
Interpreters

Tools/licenses

What are Pre-Employment Transition Services (Pre-ETS)?



These services for students include:



Pre-ETS is allowed for all students with disabilities even if they haven't applied to VR.

How to Find VR

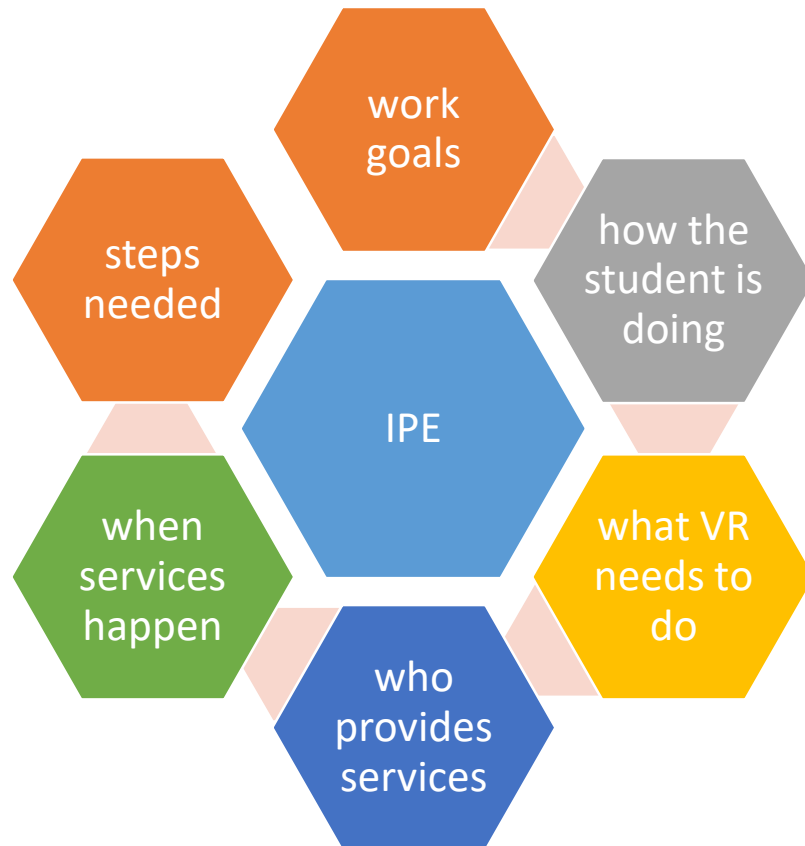
Each state has their own VR program.

<https://rsa.ed.gov/about/states>



What is an Individual Plan for Employment (IPE)?

An Individual Plan for Employment has



All people who apply are seen as able to work, regardless of disability.

Section 2

Important Words

Words to Know

Client Assistance Program

Helps get VR services if there are any problems.

Individual Plan for Employment

A written plan on how the person will get a job.

Pre-Employment Transition Services

High school students can get services to help get a job.

Self-Advocacy

Speaking up for yourself.

Vocational Rehabilitation

Helps people with disabilities get/keep jobs.

See also <https://www.parentcenterhub.org/young-adults-in-transition-vr-services-glossary/>

Section 3

Resources

For more info:

What is VR video

<https://www.youtube.com/watch?v=m1aaPmtlCuQ>

VR - What You Need to Know

<https://www.understood.org/en/articles/vocational-rehab-what-you-need-to-know>

VR basics from SSA (Social Security Administration)

<https://yourtickettowork.ssa.gov/state-vr-agencies/vr-basics>

CPIR (Center for Parent Information and Resources)
module

<https://www.parentcenterhub.org/young-adults-in-transition-vr-services/>

RAISE (Resources for Access, Independence, Self-Determination & Employment)

Introduction to the Vocational Rehabilitation

Program webinar

<https://www.raisecenter.org/introduction-to-the-vocational-rehabilitation-program/>

Look to the future!



We hope this guide has been helpful to you!