Resources

Students with health conditions and physical disabilities have a unique set of considerations when transitioning to college. Many of these students have had Individualized Education Plans (IEPs) and/or 504 Plans in high school. School districts across the country provide varying levels of support with transition, and in most cases only students with IEPs have conversations about transition planning.

Transition Planning

[Virginia Commonwealth University-Going to College](http://www.going-to-college.org/overview/index.html): This website contains information about living college life with a disability. It’s designed for high school students and provides video clips, activities and additional resources that can help you get a head start in planning for college.

[National Youth Transitions Center-Training Modules](https://www.heath.gwu.edu/node/134): This website has a repository of information and training resources related to college transition for students with disabilities including

[How Students With Disabilities, and Their Parents, Need To Prepare for College](http://accessiblecollege.com/2019/05/08/how-students-with-disabilities-and-their-parents-need-to-prepare-for-college/): Quick guidelines on considerations for students and families

[When Students with Health Conditions Transition to College](https://accessiblecollege.com/2019/06/24/when-students-with-health-conditions-transition-to-college/): This article examines the executive function skills that students with health conditions need to have in place prior to transitioning to college.

[Hiring In-Home Help (Personal Care Attendant)](https://www.caregiver.org/hiring-home-help): This website from the Family Caregiver Alliance provides guidance on hiring a Personal Care Attendant (PCA) including: evaluating needs, finding, hiring, and affording a PCA.

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